

References

Session 1:

- ¹ Kelloway, E. K., Teed, M., & Prosser, M. (2008). Leading to a healthy workplace. In A. Kinder, R. Hughes, & C. L. Cooper. (Eds.), *Employee well-being support: A workplace resource* (pp. 25-38). John Wiley & Sons.
- ² Gilbreath, B., & Benson, P. G. (2004). The contribution of supervisor behaviour to employee psychological well-being. *Work & Stress, 18*(3), 255-266.
- ³ Sauter, S. L., Murphy, L. R. & Hurrell, Jr., J. J. (1990). Prevention of work- related psychological disorders: A national strategy proposed by the National Institute for Occupational Safety and Health (NIOSH). *American Psychologist, 45*, 1146– 1158.
- ⁴ Nielsen, K. (2014). Leadership and climate in a psychologically healthy workplace. In A. Day, E. K. Kelloway & J. H. Hurrell Jr. *Workplace well-being: How to build psychologically healthy workplaces* (pp. 226-244). West Sussex, United Kingdom: John Wiley & Sons.
- ⁵ Barling, J., Christie, A., & Hopton, C. (2011). Leadership, In S. Zedick (Eds.), *Handbook of industrial and organizational psychology* (pp. 183-238). American Psychological Association, Washington, DC.
- ⁶ Choi, M., & Ruona, W. E. (2011). Individual readiness for organizational change and its implications for human resource and organization development. *Human Resource Development Review, 10*(1), 46-73.

Session 3:

- ¹ Gregory, B. T., Nathan Moates, K., & Gregory, S. T. (2011). An exploration of perspective taking as an antecedent of transformational leadership behavior. *Leadership & Organization Development Journal, 32*(8), 807-816.

Session 4:

- ¹ Harms, P. D., Credé, M., Tynan, M., Leon, M., & Jeung, W. (2017). Leadership and stress: A meta-analytic review. *The Leadership Quarterly, 28*(1), 178-194.
- ² Kelloway, E. K., Teed, M., & Prosser, M. (2008). Leading to a healthy workplace. In A. Kinder, R. Hughes, & C. L. Cooper. (Eds.), *Employee well-being support: A workplace resource* (pp. 25-38). John Wiley & Sons.
- ³ Mullen, J., & Kelloway, E. K. (2011). Occupational health and safety leadership. In J. C. Quick & L. E. Tetrick (Eds.), *Handbook of occupational health psychology* (pp. 357-372). Washington, DC: American Psychological Association.

- ⁴ Skakon, J., Nielsen, K., Borg, V., & Guzman, J. (2010). The impact of leaders on employee stress and affective well-being: A systematic review of three decades of empirical research. *Work & Stress*, 24, 107-139.
- ⁵ Nielsen, K. (2014). Leadership and climate in a psychologically healthy workplace. In A. Day, E. K. Kelloway & J. H. Hurrell Jr. *Workplace well-being: How to build psychologically healthy workplaces* (pp. 226-244). West Sussex, United Kingdom: John Wiley & Sons.
- ⁶ Schriesheim, C. A., Castro, S. L., & Cogliser, C. C. (1999). Leader-member exchange (LMX) research: A comprehensive review of theory, measurement, and data-analytic practices. *The Leadership Quarterly*, 10(1), 63-113.
- ⁷ American Psychological Association (2016). *American Psychological Association: 2016: Work and Well-being Survey*. Retrieved from: <http://www.apaexcellence.org/assets/general/2016-work-and-wellbeing-survey-results.pdf>
- ⁸ Van Quaquebeke, N., & Eckloff, T. (2010). Defining respectful leadership: What it is, how it can be measured, and another glimpse at what it is related to. *Journal of Business Ethics*, 91(3), 343-358.
- ⁹ Epitropaki, O., & Martin, R. (2005). From ideal to real: a longitudinal study of the role of implicit leadership theories on leader-member exchanges and employee outcomes. *Journal of Applied Psychology*, 90(4), 659-676.
- ¹⁰ Sy, T., Côté, S., & Saavedra, R. (2005). The contagious leader: impact of the leader's mood on the mood of group members, group affective tone, and group processes. *Journal of Applied Psychology*, 90(2), 295-305.
- ¹¹ Berson, Y., & Avolio, B. J. (2004). Transformational leadership and the dissemination of organizational goals: A case study of a telecommunication firm. *The leadership quarterly*, 15(5), 625-646.
- ¹² Zaccaro, S.J. & Klimoski, R. J. (2001). The nature of organizational leadership: Understanding the performance imperatives confronting today's leaders. Jossey-Bass, San Francisco, CA.
- ¹³ Norman, S. M., Avolio, B. J., & Luthans, F. (2010). The impact of positivity and transparency on trust in leaders and their perceived effectiveness. *The Leadership Quarterly*, 21(3), 350-364.
- ¹⁴ Taylor, B. (2014). The Best Leaders "Talk the Walk". Retrieved from: <https://hbr.org/2014/08/the-best-leaders-talk-the-walk>
- ¹⁵ Donaldson-Feilder, Munir, F. & Lewis, R. Leadership and employee well-being. In H. S. Leonard, R. Lewis, A. M. Freedman, & J. Passmore (Eds.), *The Wiley-Blackwell handbook of the psychology of leadership, change, and organizational development*, 155-173, West Sussex, United Kingdom, John Wiley & Sons.
- ¹⁶ Barling, J., Christie, A., & Hopton, C. (2011). Leadership, In S. Zedick (Eds.), *Handbook of industrial and organizational psychology* (pp. 183-238). American Psychological Association, Washington, DC.

Session 6:

¹ Grossman, R., & Salas, E. (2011). The transfer of training: what really matters. *International Journal of Training and Development*, 15(2), 103-120.

General Leading Healthy Workplace References:

Barling, J., Christie, A., & Hopton, C. (2011). Leadership, In S. Zedick (Eds.), *Handbook of industrial and organizational psychology* (pp. 183-238). American Psychological Association, Washington, DC.

Day, A. & Francis L. (2011). *The Achieving Balance in Life and Employment (ABLE) Program Manual*.

Day, A. & Hartling, N. (2016). *Leading Effectiveness through Accountability (LEAD) Program Manual*.

Day, A., & Randell, K. D. (2014). Building a foundation for psychologically health workplaces and well-being. In A. Day, E. K. Kelloway, & J. J. Hurrell (Eds.), *Workplace well-being: How to build a psychologically healthy workplaces* (pp. 3-26). West Sussex, United Kingdom: John Wiley & Sons.

Day, A. Penney, S. & Hartling, N. (in press). The psychology, practice, and potential perils of leading healthy workplaces. *Organizational Dynamics*.

Kelloway, E. K., & Day, A. L. (2005). Building healthy workplaces: what we know so far. *Canadian Journal of Behavioural Science*, 37(4), 223-235.

Kelloway, E. K., & Barling, J. (2010). Leadership development as an intervention in occupational health psychology. *Work & Stress*, 24(3), 260-279.

Kelloway, E. K., Penney, S. A., & Dimoff, J. (in press). Leading the Psychologically Healthy Workplace: The RIGHT Way. In E. K. Kelloway, K. Nielsen, & J. K. Dimoff. (Eds.), *Leadership and occupational health and safety*. Wiley.

Nielsen, K. (2014). Leadership and climate in a psychologically healthy workplace. In A. Day, E. K. Kelloway & J. H. Hurrell Jr. *Workplace well-being: How to build psychologically healthy workplaces* (pp. 226-244). West Sussex, United Kingdom: John Wiley & Sons.